



## **Breakfast**

### **The Uno - R39**

1egg, 2 rashers bacon, 1 slice toast, grilled tomato

### **Early Bird – R49**

2 eggs, 2 rashers bacon, 2 toast, Grilled tomato

### **Eggs Benny – R79**

2 poached eggs on toast, served in either Hollandaise or House-made biltong cream sauce

### **Big Grill – R95**

2 eggs, 3 Bacon, Boerewors, Grilled tomato, Grilled mushroom, chips and 2 toast

### **Omelette – R80**

Our famous 3 egg omelette stuffed with cheese and bacon (add extras if you need)

### **Breakfast Wrap – R85**

Bacon, scrambled egg, tomato relish

Breakfasts served with Ciabatta, Whole-wheat or White Toast

## **Light Meals and Salads**

### **Trammezzini / Wrap**

**Served solo – add your side at R30 per choice**

Available: Rustic French Fries, salad, vegetables, mash or sweet potato fries

**Ham, Mozzarella and Tomato – R69**

**Grilled Chicken, Cheddar and Red Onion – R75**

**Bacon, Egg and Cheddar – R79**

**Chicken Mayo – R75**

**Bacon, Avo and Cheese – R79**

## **Toasted Sandwiches**

**Served solo – add your side at R30 per choice**

**Cheese – R25**

**Cheese and Tomato – R32**

**Ham and Cheese – R39**

**Chicken Mayo – R49**

**Bacon Egg and Cheddar – R49**

## **Salads**

**G&C House Salad – R69**

**Greek Salad – R75**

**Grilled Chicken and Avo Salad – R99**

**Butternut, cous cous and cranberry – R85**

## **Starters**

### **Calamari Strips – R85**

Tender calamari served with tartare sauce, deep fried or pan-fried in lemon or garlic butter

### **Pan-Fried Peri-peri chicken livers – R79**

Grill's legendary livers in a creamy peri-peri sauce (hot, medium or mild) served with ciabatta bread

### **Prawn Diablo – R89**

Tender prawns pan-fried in garlic and lemon and bathed in a Portuguese per-peri sauce, served with ciabatta bread

### **Buffalo Chicken Wings – R75**

8 plump wings, spiced and dusted in flour, then crisp-fried and tossed in BB or Peri-peri sauce, served with blue cheese dressing and celery sticks

### **Cheesy Ciabatta Bruschetta – R35**

Crisp toasted ciabatta roll, garlic buttered and topped with Italian tomato sauce and melted mozzarella

## **Burgers**

Served with Rustic French Fries on a seeded bun with tomato, onion, lettuce and topped with caramelised onion

### **The House – R95**

House-made, basted 100% beef patty

### **The Works – R125**

Beef patty, bacon, cheddar, avo and caramelised onion

### **The Saucy – R115**

Beef patty topped with a sauce of your choice

### **The Portuguese Chicken – R85**

Grilled Chicken Breast basted in spicy prego sauce

### **The Hawaiian Cheddamelet - R90**

Grilled Chicken Breast, topped with a piquant pineapple ring and cheddar cheese

## **Pastas**

Your choice of tagliatelle, penne or spaghetti

**Creamy Chicken – R110**

**Carbonara – R95**

**Bolognese – R85**

## **Grills and Classics**

**From the Grill**

**Served solo – add your side at R30 per choice**

Available: Rustic French Fries, salad, vegetables, mash or sweet potato fries

**Tender cuts grilled to perfection**

**Rump 300g – R150**

**Rump 200g – R115**

**Fillet 200g – R185**

**T-Bone 500g – R215**

**Pork ribs 400g – R175**

**Pork Ribs 600g – R215**

**¼ Peri Peri Chicken – R75**

## Classics

**Served solo – add your side at R30 per choice**

Available: Rustic French Fries, salad, vegetables, mash or sweet potato fries

### **Chicken Schnitzel – R125**

Tender crumbed and deep-fried chicken breast, topped with a creamy bacon and cheese sauce

### **Crumbed chicken strips and chips – R95**

A generous portion of chicken strips, crumbed and deep-fried, served with chips and sweet chilli dipping sauce

### **Chicken Sosaties – R110**

Grilled and basted in our house sauce, served with side of your choice

### **Rosemary and Garlic Ribeye Steak Frite – R249**

The pinnacle of beef enjoyment: tender prime ribeye steak, topped with a rosemary garlic butter and a fried egg

## Seafood

**Served solo – add your side at R30 per choice**

Available: Rustic French Fries, salad, vegetables, mash or sweet potato fries

### **Hake and chips – R95**

### **Hake and Calamari Combo – R175**

### **Hake and Prawn Combo – R190**

### **Calamari – R90**

### **Seafood Basket – R249**

# **Speciality Combos**

Served solo – add your side at R30 per choice

Available: Rustic French Fries, salad, vegetables, mash or sweet potato fries

## **Steak & Prawn – R259**

200g rump and 6 prince prawns

## **Ribs & Chicken – R259**

400g BBQ ribs and ¼ chicken

## **Ribs & Calamari – R259**

400g ribs and Calamari strips

## **Ribs & Prawns – R259**

400g Ribs and 6 prince prawns

## **¼ Chicken & 6 Prince Prawns – R245**

Your choice of BBQ or Peri-Peri

## **¼ Chicken & Calamari – R245**

Your choice of BBQ or Peri-Peri

# **Sides and Extras**

## **Sides**

**Savoury Rice – R30**

**Crispy Onion rings – R30**

**French Fries – R30**

**Sweet Potato Fries – R30**

**Side House Salad – R30**

**Veg of the day – R30**

## **Sauces**

**Cheese – R25**

**Cheese and Bacon – R30**

**Creamy Mushroom – R35**

**Piquant Pepper – R35**

**Chilli in olive oil – R25**

# Desserts

**Scones with Jam and Cream – R45**

**Velvet Ice Cream and Bar One Chocolate Sauce – R45**

**Legendary Grill Waffle – R85**

Banoffee/ very berry / maple syrup

**Hot fudge Brownie Sundae – R85**

Ice cream, Chantilly cream, brownie square, choc bar one sauce and sprinkle nuts

**Angel Cake Trio – R55**

Served with a drizzle of fudge sauce and vanilla velvet ice cream



# **Pensioners' menu**

Enjoy a free glass of wine with every main meal ordered on a Tuesday!

## **Light Meals**

Toasted Sandwich (White / whole wheat bread – R30)

## **Salads**

Garden Salad – R45

Grilled Chicken Salad – R50

## **From the Grill**

Served with chips / salad

### **BBQ Chicken Sostie – R55**

Chicken fillet kebab with rainbow peppers grilled & basted with our house basting sauce

### **Crispy Pork Chop – R70**

Grilled & basted with our house basting sauce

### **150g Rump Steak, Egg & Chips – R70**

## **Seafood**

Served with chips / salad

### **Calamari – R70**

Grilled or fried with tartar sauce

### **Hake Fillet – R85**

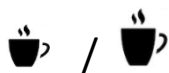
Grilled or fried with tartar sauce

## **Dessert**

**Ice cream & Chocolate sauce – R30**

# Hot & Cold Drinks

## HOT BEVERAGES



Espresso_____	R25 / R35	Pot of Tea – Rooibos, Ceylon_____	R20
Americano_____	R30/ R39	Pot of Tea – Earl Grey_____	R25
Cappuccino_____	R30 / R35	Café Latté_____	R35
Decaf Coffee_____	R30/ R38	Special Lattes _____	R40
Red Chino_____	R30 / R39	Caramel, Chocolate, Cinnamon, Hazelnut, Chai	
Decaf Cappuccino_____	R35 / R42	Decaf Lattes_ _____	R40
Milo _____	R30	Decaf Special Lattes_____	R42
Original Hot Chocolate _____	R30	Caramel, Chocolate, Cinnamon, Hazelnut, Chai	
White Hot chocolate_____	R35	Dirty Chai Latté _____	R45
Pot of Hot Water_____	R10		
with Lemon & Honey			

## COLD BEVERAGES

Jug of Water _____	R20
lemon, cucumber & mint	
Valpré Water Still / Sparkling	
350ml _____	R25
750ml _____	R40
Fruit Juice _____	R35
Mango,, Apple,Orange, Fruit Cocktail, Strawberry,	
Milkshakes - Standard_____	R35
Milkshakes-Double-Thick_____	R45
Vanilla, Chocolate, Strawberry, Banana, Lime, Bubblegum,	
Bar One, Peanut Butter	
Fruit Shakes_____	R42
Orange, Fruit Cocktail, Mango, Guava,	
Cordials_____	R10
Lime, Cola Tonic OR Passion Fruit	
Mixers _____	R22
Soda Water, Lemonade, Tonic Water, Floral Pink Tonic,	
Ginger Ale, Dry Lemon	

Sodas \_\_\_\_\_ R25

Coke, Coke Zero, Coke Light, Sprite, Sprite Zero, Fanta Orange, Cream Soda

Tizers \_\_\_\_\_ R30

Apple or Red Grape

Soda Floats \_\_\_\_\_ R38

Soda of your choice served with Ice Cream

Fruit Smoothie \_\_\_\_\_ R50

Fresh, seasonal fruit blended with yoghurt and fruit cocktail juice

## COCKTAILS

**Mocktails (non-alcoholic)** \_\_\_\_\_ R45

Berry & Lemon Crush with Mint

**Margarita (shaken/frozen)** \_\_\_\_\_ R75

Triple Sec, Tequila, Sour Mix

**Fun on The Beach** \_\_\_\_\_ R70

Vodka, Peach schnapps Grenadine, Orange Juice

**Tequila Sunrise** \_\_\_\_\_ R70

Tequila, Orange Juice , Grenadine

**Long Island Iced Tea** \_\_\_\_\_ R85

Vodka, Gin, Tequila, Triple sec and Coca Cola

**Blue Hawaiian** \_\_\_\_\_ R75

Vodka, Pineapple Juice, Lemonade, Blue Curacao

Strawberry / Mango / Pineapple / Berry

**Pina Colada** \_\_\_\_\_ R85

Bacardi White Rum, Pina mix, Malibu, cream and ice cream

## ALCOHOLIC DRINKS

**BEER** \_\_\_\_\_ R38

Black Label, Castle, Castel Lite, Windhoek Lager, Amstel, Hansa

Windhoek Draught \_\_\_\_\_ R45

Heineken \_\_\_\_\_ R40

**CIDERS** \_\_\_\_\_ R40

Savanna (Light / Dry) Hunters (Gold / Dry )

# SPIRITS

## BRANDY

Wellington_____	R20
Klipdrift_____	R25
Richelieu_____	R25
Klipdrift Premium_____	R30

## WHISKEY

Bell's_____	R25
J&B_____	R25
Jack Daniels_____	R32
Jameson_____	R45
Johnny Walker Black_____	R49

## LIQUEUR

Amarula / Nachtmusik / Cape Velvet_____	R30
Frangelico / Peppermint / Ginger	

## SHOOTERS

Jose Silver / Gold_____	R40
Jagermeister_____	R45
Ponchos_____	R40

## RUM

Spiced Gold_____	R25
Red Heart_____	R25
Captain Morgan_____	R30

## GIN

Gordon's_____	R25
Tanqueray/ Bombay Sapphire_____	R30

## VODKA

Smirnoff 1818_____	R25
Absolut_____	R30

# Wines

## BUBBLY WINES

JC Le Roux Le Domaine/ \_\_\_\_\_ R195

La Chanson/ La Fleurette

JC Le Roux ( Non-alcoholic) \_\_\_\_\_ R195

Le Domaine/ La Fleurette

## SAUVIGNON BLANC

Brampton Sauvignon \_\_\_\_\_ R175

Slanghoek Sauvignon \_\_\_\_\_ R175

## CHENIN BLANC

Leopards Leap Chenin Blanc \_\_\_\_\_ R175

## CHARDONNAY

Spier Chardonnay \_\_\_\_\_ R184

## ROSÉ WINES

Brampton Rosé \_\_\_\_\_ R175

## HOUSE WINES



Sauvignon Blanc \_\_\_\_\_ R40 / R135

Rosé \_\_\_\_\_ R40 / R155

Merlot \_\_\_\_\_ R45 / R145

Cabernet Sauvignon \_\_\_\_\_ R45 / R145

## CABERNET SAUVIGNON

Brampton Cabernet Sauvignon \_\_\_\_\_ R195

## MERLOT

Laborie Merlot \_\_\_\_\_ R185

Boschendal 1685 Merlot \_\_\_\_\_ R295

## PINOTAGE

Kleine Zalze Pinotage CS \_\_\_\_\_ R185

Brampton Pinotage \_\_\_\_\_ R195

## SHIRAZ

Brampton Shiraz \_\_\_\_\_ R195

Slanghoek Shiraz \_\_\_\_\_ R195

## BLENDS

Roxton by Brampton \_\_\_\_\_ R285

## FORTIFIED WINES

Old Brown Sherry \_\_\_\_\_ R25

De Krans Muscadel \_\_\_\_\_ R35

De Krans Ruby Port \_\_\_\_\_ R35